



Employee Request for Family or Medical Leave under FMLA

To request leave on the basis of the [Family and Medical Leave of Act \(FMLA\)](#), please complete the following request form and submit to Human Resources at least 30 days prior to leave (unless leave is unforeseen, in which case submit the form as soon as practical). Once complete, please submit a signed copy to Human Resources.

Employee Name

Name: _____

Position/Location: _____

Personal Email address to send documents, if necessary: _____

I request leave for the following reason:

- ☐ Birth of a son or daughter and to care for the newborn child.
- ☐ Placement with the employee of a son or daughter for adoption or foster care.
- ☐ To care for the employee's spouse, son, daughter or parent with a serious health condition.
- ☐ A serious health condition that makes the employee unable to perform the functions of the employee's job.
- ☐ A qualifying exigency arising out of the fact that the employee's spouse, son, daughter or parent is a military member on covered active duty (or has been notified of an impending call or order to covered active-duty status).
- ☐ To care for a covered service member with a serious injury or illness if the employee is the spouse, son, daughter, parent or next of kin of the covered service member

Time off work is expected to be (select the most appropriate box):

- ☐ For a continuous block of time (several continuous days, weeks, or months off work). Please provide the dates of your leave below. Your best approximation is acceptable, if necessary.

Beginning date: _____ End date: _____.

- ☐ For a reduced work schedule (change in work schedule needed—fewer hours per day or fewer hours per week).
- ☐ On an intermittent basis (periodic time off that is not usually expected to be the same days or time off from week to week; examples may be time off for flare-ups of a medical condition and/or for ongoing medical treatment/appointments).

Additional information about employee FMLA rights and responsibilities will be provided to you in writing within five (5) business days after receipt of this notice (unless already provided).

Determination of eligibility for leave under the FMLA, and/or additional documentation or clarification of documentation, may be required prior to making a final FMLA determination to approve or deny an FMLA leave request. Please contact Human Resources hrrmailbox@sjisd.org or (360) 370-7904 with any questions.

Employee Signature: _____

Date submitted: _____